



MyBrainNet – the Diary Platform for Neurological Brain Diseases

Two years ago, in summer 2018 Dystonia Europe received one of the BMP grants for the project MyBrainNet.

A few years earlier Dystonia Europe had launched the App MyDystonia – a digital diary for dystonia patients to monitor their daily symptoms and well-being in order to facilitate patient-physician communication and improve treatment outcome and better quality of life. Many other patient organisations showed interest in our work and in developing a similar App. Dystonia Europe believes in collaboration and sharing, and the idea was born to create **one platform suitable for multiple user groups**, not only for dystonia patients but also for patients with other neurological brain diseases.

MyBrainNET is a platform that can hold multiple disease diary Apps, especially within the neurological brain disease area. The next step is to share the platform with other European patient organisations in order for them to develop their own diary App for the disease they represent.

By working together there are many benefits: better use of resources (funding, staff, time), already developed functionalities can be used for new Apps; same legal framework. In the long term MyBrainNet can generate much valuable information to be used for various research projects as well as understanding the socio-economic effects of living with brain diseases in Europe.

The MyBrainNet platform will be launched in September 2020 together with the updated version of MyDystonia2.0.

Are you interested in getting involved in MyBrainNET or developing a diary App for your organization let us know.

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